

LIFEFEST 2026

Nashville



Managing Your Care with AI

Nizar Allibhoy



LIFESTEST 2026 • THE LIFE RAFT GROUP

Managing Your Care with AI

A practical guide for patients and caregivers.

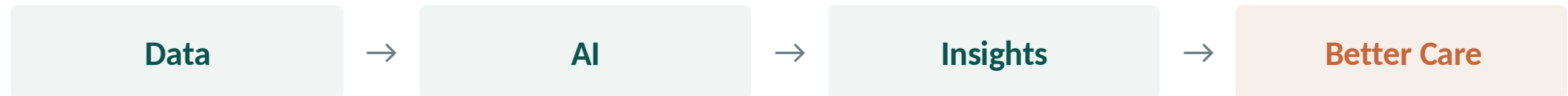
● Nizar Allibhoy Founder & CEO, Kerry Care • nizar@kerry.care



THE BIG PICTURE

What is Artificial Intelligence?

- Computersystems thatlearn fromdata andperform tasksrequiringhumanintelligence
- Can analyze large amounts of medical information in seconds
- Assists healthcare professionals rather than replacing them
- Improves efficiency, accuracy, and personalization





TYPES OF AI USED IN HEALTHCARE

Types of AI in Healthcare

AI Type	Healthcare Example
Machine Learning	Predict disease risk
Deep Learning	Analyze CT and MRI scans
Natural Language Processing	Summarize physician notes
Computer Vision	Detect tumors on imaging
Generative AI	Draft clinical notes, patient education

WHY AI MATTERS



Why AI Matters

Healthcare generates enormous amounts of data:

Medical records

Imaging

Genomic testing

Lab results

Wearable devices

Patient-reported outcomes

Clinical trials

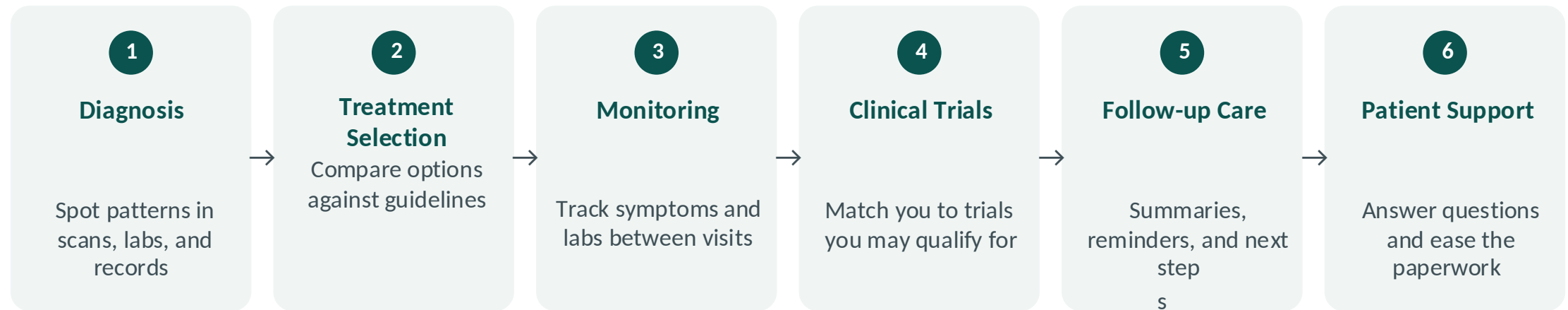
AI helps connect these pieces to support better decisions.



ACROSS THE PATIENT JOURNEY

AI Across the Patient Journey

AI can help at every stage, always alongside your care team.





WHAT YOU CAN DO TODAY

Things you can try when you get home.

● Organize

Pull your records and scans into one clear picture.

● Translate

Turn the Latin into plain language you can act on.

● Prepare

Rehearse the questions to ask at your next appointment.

● Tracking

Log symptoms and let it spot patterns, like timing.

● Draft

The hard letters: an insurance appeal, a note to your team.

● Research

Find trials and studies to bring to your doctor.



TRY IT YOURSELF

Specific tools, and what to type.

- **Understand your reports**

ChatGPT · Claude · Gemini: “Explain this report in plain English.”

- **Prep your appointment**

ChatGPT · Claude: “What should I ask at my next visit?”

- **Track symptoms**

Outcomes4Me: a free cancer app that logs symptoms and treatments.

- **Find clinical trials**

ClinicalTrials.gov · Outcomes4Me: search trials you may be eligible for.

- **Dig into the research**

PubMed · Consensus: “Summarize recent studies in plain language.”

- **Draft the hard letters**

ChatGPT · Claude: “Help me write an insurance appeal.”

- **Join the registry: LRG Patient Registry**

Contribute and track your disease over time, and add to research that helps future patients. Launching in the very next session.

Examples to explore, not endorsements. Always keep your care team at the center.



USE IT WISELY

Use it wisely.

Patient privacy is YOUR privacy.

You decide what it means to you. Everyone's comfort level is different.

- 1 **Share only what you'd put in a Google search bar.** It's the same bargain search engines always made, but you can turn training off (ChatGPT: Data Controls; Claude: Privacy) and use a private chat.
- 2 **Treat the answer like a search result.** A starting point you check, not gospel. Keep your care team at the center.
- 3 **It's a co-pilot, never the pilot.** And if it feels like an emergency, **that's not a chatbot moment.** Call your team.

KERRY



ABOUT
KERRY

One place for the whole care circle.

Kerry is an Assistant for the care side of health, over text, voice, and phone. It helps you build a care plan, keep the reminders, and hold your whole care circle in one shared place.

- For patients: your plan, reminders, and questions, all in one place.
- For families and caregivers: everyone on the same page, sharing the load.

Free for LifeFest

Start at kerry.care

For a code, email join@kerry.care



THANK
YOU

**The cure is in extraordinary hands.
The care is yours,
and you don't have to carry it alone.**

You don't have to know Latin. And you don't have to do it alone.

Start at kerry.care

For a code, email join@kerry.care

● Nizar Allibhoy	nizar@kerry.car	kerry.car
	e	e

LIFEFEST2026

Nashville



Thank you to our sponsors for supporting our mission to present high-quality education, engagement & support to the GIST community!



SHORLA ONCOLOGY
THE HEART OF INNOVATION

